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VIDEOS

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600,000 children sharing their visions of peace

INSPIRE
Youth to showcase their talent

CREATE
Stronger ties in your community

Don’t miss your opportunity to sponsor the 32nd annual Lions International Peace Poster Contest!

Give kids in your community a creative way to express their visions of what peace means to them. The theme for the 2019-20 Peace Poster Contest is Journey of Peace. Order your Peace Poster Kit to play a key role in engaging young people and promoting peace around the world. Get complete contest details at lionsclubs.org.

The Journey of Peace begins with you and your club.

Order your Peace Poster Kit today!

lionsclubs.org/peaceposter
#peaceposter
Hello, Lions!

When I think of Italy I think of great food, beautiful landscapes, and a rich diversity of friendly people. This year, Italian Lions—more than 1,300 clubs and 40,000 members strong—are opening their doors to the global Lion community in July, and I hope you will consider joining me there.

Milan, in particular, has a history of fostering creativity and ingenuity. Home to Leonardo DaVinci and Michelangelo, it is the perfect destination for this year’s convention, celebrating a renaissance of service.

The annual convention is a special moment for us all to pause and come together to reflect on what we accomplished as Lions over the past year and what we hope to accomplish in the coming year. It is a chance to see firsthand what it truly means to be an international organization.

While not all Lions can make the journey, all Lions will be the focus of this year’s events. We will be looking for ways to infuse the work of all who serve with the creativity and passion that make us who we are. I truly believe Lions are among the most creative problem solvers in the world, and each year the time I spend surrounded by this community inspires my own future service and fuels a renewed dedication to all the work that still needs to be done.

I look forward to celebrating the art of service with you in Milan.

Yours,

Gudrun Yngvadottir

Gudrun Yngvadottir
International President, Lions Clubs International
Looking Ahead

March is Eye Donor Awareness Month

International Women’s Day
3/8

What does your club have planned? For service ideas, check out archived issues of LION Magazine at lionmagazine.org.

Tribal Shawl

Topeka Sunflower Lion Daniel Martinez presents International President Yngvadottir with a Native American shawl featuring his tribal seal at the USA/Canada Forum in Ohio. Martinez belongs to the Prairie Band Potawatomi Nation and lives on the Potawatomi reservation near Topeka, Kansas. It is a high honor for a woman to receive a shawl from their tribe, he says. He also presented a Native American blanket to PIP Naresh Aggarwal.
OVERHEARD

“They let me know that blindness is just an inconvenience. It’s not the end of the world.”

“I was quite surprised when I took that A1C test and found out I was prediabetic.”
—Lion Patty Worden, of the Elmhurst Lions Club in Illinois. See story on page 20.

“Being chosen is like winning the lottery.”
—Ronald Strother, on being chosen to receive a Leader Dog. See story on page 16.

BY THE NUMBERS

1,107
The number of third graders in Carmel, Indiana, receiving their own dictionary from the Carmel Lions.

800
Number of puppies targeted for training each year at Leader Dogs for the Blind.

211
People screened through Jumpstart Your Health, a program supported by both the Lions of District 1-J and LCIF in just over a year.

1,500
Board books that will be donated to expecting moms as part of literacy kits to help them build their child’s reading skills, courtesy of a donation by the Meridian Lions Club in Idaho.
GLOBAL SERVICE

TANZANIA

Getting Personal for a Good Cause

The members of the Lions Club of Dar es Salaam Tanzanites have decided it’s time to come out with their story. In the small Tanzanian city, where everyone knows everyone, there is still a social stigma about health conditions like diabetes.

But the Dar es Salaam Lions know that being aware of the early signs and acting on them—getting to a doctor, getting diagnosed—can have big health ramifications. So, they’ve decided to start outing themselves on social media in an effort to raise awareness and destigmatize diabetes.

Lion Attar Kaur Saini shared her story as part of a series the club has called “Real People, Real Stories.” Expecting a child in December of 2018, Attar was experiencing a smooth pregnancy until her 28th week. “I started feeling extremely tired,” she writes in her awareness post. “I would have a frequent need to visit the loo, felt thirsty and [had] cold sweats.” Concerned, Attar mentioned it to her doctor. Further testing revealed she had gestational diabetes.

“Oh, obviously, the first thought in my mind was what will happen to my baby,” wrote Attar. But the doctor explained to her that it isn’t uncommon, especially in women with a family history of diabetes, and there are steps she could take to keep her and her baby healthy. Unmanaged, gestational diabetes can have health effects on the baby and contribute to a difficult birth.

Attar paid close attention to her diet and began taking medication to help keep her blood sugar in check. “I request all expecting mothers to please be alert,” she writes.

The charter president of the club, and current GST coordinator, Bhavika Sajan, hopes that by using social media to spread personal stories of those affected by diabetes, the people in her community will not only be more educated about the early signs and symptoms, but be more willing to talk about them with their doctor.

“People still take diabetes very lightly,” she says. “However, the responses we have been receiving are overwhelming. The posts are doing really well.”

Saini delivered a healthy baby boy on November 26, 2018.
Children Express Love, Peace, and Harmony through Art

Every year the love for the Menlo Park Lions’ Valentine’s Day activity grows.

This year, for the fifth February in a row, the Lions in New Jersey are hosting their Love, Peace and Harmony art contest, giving young artists the chance to show their skills and express their support for love and peace.

More than 100 children between the ages of 3 and 16 put their ideas and talents to paper last year, says club president Prashant Karnik.

Children are organized by age groups in different classrooms at the Little Big Ones School. There is a category for special needs children, and all of the artwork is done on site and in one hour.

After one hour, the artwork is handed over to a panel of local artists who serve as judges.

“Parents were so happy to see their kid’s creativity,” says charter member Varsha Naik who initiated the program. “And the mayor of our township was very happy to see the Menlo Park Lions Club’s initiative.

“Every year the contest is conducted in the month of February so kids can understand love within and around them, how it leads to peace, and how the outcome of this is harmony itself, which can change the world.”

Parents and children ages 11 to 13 are also encouraged to participate in LCI’s annual peace poster competition, and Menlo Park Lions set a goal to increase the number of budding artists every year.
There might never be a better reason to pack your bags this summer. The 102nd annual Lions Clubs International Convention will be held in Milan, Italy—located in the heart of Europe where everything, it seems, is within arm’s reach.

DESTINATION: MILAN

July 5–9, 2019, Lions will be converging on the city famous for its works of art—and the artists who made them—to discuss a different kind of art form. Service, the act of giving, is itself a kind of art. And this summer, Lions will be using their creativity to work toward solutions to the world’s biggest problems. If it’s inspiration you’re looking for, you’ll find it in Milan.

Stained glass is just one of the stars of the art scene in Milan.
THE ART SCENE ONLY BEGINS AT "THE LAST SUPPER"

Unlike Rome, renowned the world over as the seat of the Roman Empire, and Florence, often named as the birthplace of the Renaissance, Milan doesn’t have an easy tagline. Many visitors come with a short list of sites in mind: usually “The Last Supper,” Leonardo da Vinci’s Renaissance masterpiece, and the grandly ornate and stylistically hybrid Duomo, perhaps with time built in for a stop at one of the city’s many designer boutiques.

But the forward-thinking creativity of the Milanese goes beyond these showy centerpieces. Artworks that run the gamut of time periods and art movements are tucked away in house museums and churches, and the city hums with an inventiveness and dynamism that reveals itself in fashion, design, architecture, and urban development. It’s this confluence of historic and creative forces that makes Milan such a stirring place, one whose many strands you won’t want to stop unraveling once you begin.

TAKE IN THE MASTERPIECES

Leonardo da Vinci, the inventive Italian polymath, had an expansive range of interests—it would almost certainly be easier to list the subjects he didn’t take a liking to rather than all those he did. But da Vinci is best known as a painter, and his masterpiece “The Last Supper” at the monastery of Santa Maria delle Grazie reveals his genius, even in its ghostly state.

Da Vinci spent almost two decades of his early working life in the city, where Ludovico Maria Sforza, also known as Ludovico il Moro, a regent and later Duke of Milan, served as his patron. In fact, it was Ludovico who commissioned “The Last Supper,” which da Vinci made using the novel technique of applying tempera paints to dried plaster (traditionally frescoes were painted on wet plaster and thus had to be completed quite quickly).

Due to the fragility of the painting, small groups can bask in da Vinci’s genius for only 15 minutes at a time (this limit on visitors is the reason why tickets often sell out months in advance). Yet there’s no cap—outside of opening and closing times—on how long you can admire his frescoes in the Sala delle Asse (Room of Wooden Boards) at the Sforza Castle or pages from his Codex Atlanticus notebooks at the Biblioteca Ambrosiana, a library and picture gallery.

There’s a reason why da Vinci is so renowned, but he’s not the only master in town. The Museo Poldi Pezzoli, an often-overlooked house museum, contains a superb collection of Renaissance works while the Pinacoteca di Brera has some fantastic 15th-century Venetian paintings.
Experience Today’s Masters

Artistic production in Milan is by no means a thing of the past. The contemporary art scene has recently flourished there. In 2015, Fondazione Prada opened a new permanent location in an old gin distillery on the southern edge of the city; on the northern fringes, Pirelli transformed a former locomotive plant into its own contemporary art space, Hangar Bicocca, in 2012. Both are immensely popular and packed with crowds on the weekends.

Milan has also earned a reputation as a design powerhouse. Propelled by the city’s growth as an industrial center over the last century or so, Milanese designers have embraced innovative technology and experimental shapes to create iconic objects—not unlike da Vinci with his inventions.

La Triennale di Milano, a design and art institution in Sempione Park that organizes temporary exhibitions and events, is one of the best places to soak up the city’s design history. For more contemporary works, visit Spazio Rossana Orlandi and browse experimental objects and furnishings sprawled across 19,000 square feet of a former tie factory.

More visibly, the new buildings that have recently reshaped the skyline show an eager embrace of forward-thinking architecture. Perhaps most stunning are the skyscrapers in the CityLife district designed by “starchitects” Zaha Hadid, Arata Isozaki, and Daniel Libeskind.

Adjacent to these three shining towers is where Lions will call home for five days. The curvaceous MiCo Milano Convention Center is easily accessible by metro (via the Amendola or Lotto stop on Line 1 or the Portello stop on Line 5). It can also be reached by bus number 78 (the Colleoni/Gattamelata stop) and tram numbers 19 (the Boezio stop) and 27 (the Piazza 6 Febbraio stop). But the most enjoyable way to navigate the city is by foot, and MiCo is just a 30-minute walk from Sempione Park.
Five Day Trips from Milan

Milan has plenty to offer visitors who are willing to scratch below the surface, but its central location in northern Italy also makes it an ideal base for exploring the smaller cities and majestic lakes that are an hour’s train ride from downtown.

Lake Maggiore

Northern Italy’s lakes are about as picture-perfect as they come: rough-hewn mountains spill into crystalline water. Each has its own personality, with Lake Maggiore being the grand dame of the bunch. Nowhere is this majesty better appreciated than in Stresa, where a long verdant pathway allows you to relish the lakefront on one side and the town’s opulent hotels on the other.

The three jewel-like Borromean Islands only add to the sumptuous feel of Stresa. Isola Bella is the closest to the town, and its fantastical ten-tiered baroque garden can be glimpsed from the shore. Stop for lunch at one of the excellent seafood restaurants on Isola Superiore before taking the ferry over to Isola Bella to explore this garden, complete with white peacocks, and Palazzo Borromeo, the palace it’s attached to. For a bird’s eye view of these beauties, take the Funivia Stresa-Alpino-Mottarone, a cable car that runs between Stresa and Monte Mottarone with a stop at Alpino midway.

Cremona

Classical music lovers will want to make a beeline for Cremona, a city that became renowned for manufacturing musical instruments in the 16th century and where Antonio Stradivari later made his world-famous violins. Today the high-tech Museo del Violino, which opened in 2013, exhibits many gorgeous Cremona-made violins and invites musicians to perform on these precious instruments; be sure to check the website for recital and concert dates. The medieval city center is also worth a visit, not just to see the picturesque Piazza del Comune and the 12th-century Cremona Cathedral, but also to wander the narrow backstreets, where you can still glimpse luthiers practicing their craft.

Lake Como

A playground for celebrities, Lake Como is perhaps the flashiest of the northern Italian lakes. To really soak up the luxury, take a train to Varenna, where you can dine on a terrace suspended over the water and poke around elegant villas in the old town. From there, hop over to Bellagio by ferry (or private boat, if you want to live large) to wander the lakeside village’s cobbled lanes, which are studded with small boutiques.

For something a bit more active, follow the Sentiero del Viandante, an ancient track running along the eastern edge of the lake, from Varenna to Bellano. Just over six kilometers long, this portion of the hike can be comfortably walked in three hours and is relatively flat, except for the initial ascent. Reward yourself with a swim at the public beach in Bellano before hopping on a train back to Varenna.

Turin

There’s much to love about this former center of industry (Fiat’s Lingotto car factory, now a huge arcade of shops and entertainment outlets, was an icon of Italian industrialism when it was built in the early 20th century). Turin was the first capital of the united Kingdom of Italy in the 19th century and the seat of the Savoy dynasty—the royal residences and long, porticoed arcades, allegedly built to keep the aristocrats dry, give the city a regal air. Today, it is Italy’s fourth largest city and also the capital of the Piedmont region, famed for its food and wine, making the dining scene an embarrassment of riches. Add in an elegant café culture and an offbeat art scene—it’s home to both the museum of the Shroud of Turin and an archeological museum dedicated to Egyptian culture—and you’ll never want to leave.

Bologna

Many people would argue that the best food in Italy can be found in the Emilia-Romagna region. So foodies should not miss the region’s capital, and what some would call the gastronomical capital of Italy, the medieval city of Bologna. Try the renowned tortellini in brodo (a filled pasta dumpling served in broth), tagliatelle al ragù (ragù, better known to most foreigners as Bolognese sauce, was first concocted here) or mortadella (cured pork) at one of the many fine restaurants that dot this ancient city. For an all-in-one experience, take a bus to the recently opened FICO Eataly World, a theme park with 40 food factories and just as many restaurants, as well as educational “carousels” and a cornucopia of food products from all across the country.
Food to Eat While in Milan

People love eating Italian food wherever they are. But these four specialties are best eaten in Milan and nowhere else.

**Cotoletta**

You can find cotoletta alla Milanese, a cousin of the schnitzel, just about anywhere in Milan, whether you’re dining at Michelin-starred restaurants or going for lunch at a neighborhood bar. And while the basic recipe is the same—a veal cutlet breaded and then fried in butter—each spot seems to have their own twist on the dish. Some go for boneless while others prefer bone-in, and then there’s the debate over thin versus thick, crunchy versus juicy. Don’t be afraid to order it more than once until you find your favorite version.

**Ossobuco**

Like cotoletta, ossobuco is another veal main found at traditional Milanese restaurants. Yet, unlike the fried cutlet, ossobuco is a slow-braised shank and thus requires more time to cook. The end result, though, is worth the wait: the fork-tender meat almost dissolves on the tongue, and the delicious marrow at the center of the bone adds a punch of flavor. For a real whopper of a meal, order the ossobuco and risotto alla Milanese combination offered at a number of spots.

**Risotto**

Most people associate Italy with two dishes: pasta and pizza. While both are certainly widespread, you’ll actually find that rice, rather than pasta, figures more prominently in the traditional cuisine of northern Italy. In Milan especially, which is located in the Po Valley, also known as the “rice bowl of Italy,” you’ll often find risotto on the menu. The city is particularly famous for risotto alla Milanese, a dish made bright yellow by the addition of saffron. Taste-wise, though, the most important components are Parmesan or Lodigiano cheese and bone marrow, which are responsible for the rich flavor.

**Panettone**

Come Christmastime, Milan’s pastry shops are stacked high with elegant boxes of panettone, a loaf of sweet bread with origins in the city. Cylindrical in shape and with a domed top, this dessert, which falls somewhere in between a bread and a cake, will blow away any memories you may have of traditional Christmas fruitcakes: the dough is fluffy and pillowy, and the candied fruit and raisins are luscious. Many pastry shops now bake panettone year-round, and a slice of this masterpiece is the perfect accompaniment to your afternoon coffee.
SERVE IN MILAN

YOU MAY BE AWAY FROM HOME, BUT THAT DOESN’T MEAN YOU HAVE TO BE AWAY FROM WHAT YOU LOVE BEST.

There is nothing more foundational to Lions than service. Convention service projects allow you to step out of the convention center and gain a unique perspective of how local Lions serve in their community. Join Leo and Lion friends from around the world while giving back to those less fortunate.

Space is limited, register today:
http://lcicon.lionsclubs.org/experience/service-projects/
Barry Carver will be the first to say he was just wasting time. He spent his days listening to audio books, had nowhere to go, and no hope for his future.

But then the box from Computers for the Blind (CFTB) was delivered to his home in Tennessee.

“They’re life changing,” says Carver of the Texas non-profit that has shipped more than 12,000 free computers to blind people across the U.S.

“Computers change peoples’ lives, and the people at CFTB gave me hope,” he says. “They let me know that blindness is just an inconvenience. It’s not the end of the world. I just have to do things a little different.”

Now Carver and his wife, Debra, who is also blind, run Mountain Crafts, a successful online business, from their home. An ordained preacher, he shares his message around the world through a website for the blind, and he conducts seminars over the phone, telling blind listeners that they too can start their own business. They just need a computer.

“Computers change peoples’ lives...”

“Positive. Everything I have to say about that organization is positive. Positive,” says Carver. “It’s because of what CFTB did for me that I’m able to tell others there are a zillion things you can do. You can be economically successful.”

From their facility in Richardson, Texas, about 50 volunteers at CFTB refurbish donated computers and send them to people who cannot see well enough to use a computer and cannot afford a new computer with the expensive technology that makes them accessible. Blind recipients get computers with added text-to-speech software. Clients who are low vision get screen magnification software with their computer. Some people need both.

Lion Bob Langford, a member of the Dallas [Texas] White Rock Lions Club, started the organization [first known as Texas Services for the Physically Impaired] from humble beginnings in 1995. Although he lost all vision in an accident at age 16, Langford never let blindness stop him. He saw computers as a way of becoming more independent and self-sufficient.

“Dad realized pretty early on that computers could be a real life changer for blind people,” says Langford’s son, Mark Langford, in Texas, who remembers when he and his siblings helped their Dad by reading computer manuals aloud so he could transcribe them into Braille.

“I’m amazed sometimes when I think back to what he did,” says Langford. “Could I have done all he did? I stand back amazed. When he got an idea into his mind for something he had to do, all obstacles melted away.”

Langford, 89, is retired and living in Virginia now. Colleyville Texas Lion
David Jeppson is CFTB’s executive director. Most of the used computers they receive are donated through north Texas Lions clubs in districts 2 X1 and 2 E2 by members who have an unused computer, know a friend with one, or have a corporate connection to a computer no longer in use.

CFTB volunteers, some of them Lions, work in shifts to refurbish them, and Lewisville Texas Lion Tom Hayford, past district governor in 2 E2, is one of the leaders, donating about eight hours a week to the nonprofit. A component engineer, he has repaired enough computers in his lifetime that if left alone he can refurbish one in 90 minutes, he says. The limiting factor is the age and processing speed of the computer.

“I like doing this because I personally feel like I’m making a difference. In Lions we do so many great things, but you don’t get the immediate feedback,” Hayford says. “With this, you pack it up and you know who the computer is going to.”

CFTB’s computers come with detailed instructions for recipients, and CFTB has a blind technical support person in Minnesota who troubleshoots problems.

“For the blind, the two biggest obstacles are transportation and accessibility to media,” Jeppson says.

“‘I like doing this because I personally feel like I’m making a difference.’”

“A computer makes it so they don’t have to find transportation to go out to a store. They can buy online. They can take college courses online, and they can communicate with the world online.”

Although the computer is free, recipients pay a US$100 to $130 processing fee for a computer that would otherwise costs them US$1,000 or more, says Jeppson. Carver says this is one thing he likes about CFTB. “You get this computer for free, but you put a little skin in the deal. It’s a fact that if you have something involved in this, you will cherish it that much more.

The organization also works with Alphapointe, a Missouri nonprofit that supports and empowers people with vision loss. CFTB provides the laptops for Alphapointe’s weeklong summer camp for visually impaired youth, and at the end of the week the students get to take their computers home.

“Lions gave us white canes,” says Carver. “They take us to retreats and do all these things for us, and that’s awesome, but they can’t open the world up to us like a computer can. That’s why this is so important.”
The King City Lions Club in Oregon welcomed a celebrity to one of their meetings: Potomac, a guide dog in training. Filmmakers were documenting his progress and the training of four other Labradors from Guide Dogs for the Blind, based in San Rafael, California. Potomac, lively and friendly, charmed the Lions, and the club declared him a member and promised to pay for his harness if and when he made the grade.
“The Pick of the Litter,” an 80-minute documentary, premiered at the Sundance Film Festival in January and has been showing in theaters nationwide since the fall. The film is a captivating behind-the-scenes look at the long, involved, multi-year process of training five spirited puppies: Potomac, Patriot, Primrose, Poppet and Phil. The stakes are high, and the bonds with the puppies among the various puppy raisers, the field reps and trainers of Guide Dogs and, eventually, the blind owners, are deep and emotional.

Year after year, Lions clubs, including King City, support Guide Dogs. Nearly 60 clubs donated $70,000 to Guide Dogs in the last two years. Lions also cook and serve food at events on campus, and some Lions are puppy raisers for Guide Dogs. “They’re [Lions] pretty amazing. They’re awesome,” says Linda Owen, Potomac’s puppy raiser.

Potomac was invited to the King City meeting because Owen knew longtime member Bill Gerlin from volunteering for Meals on Wheels. The exuberant puppy easily won over the Lions. “No one opposed [the honorary membership]. They’d better not!” says Gerlin. Recalls President Fae Lloyd, “He was a very sweet dog. He was so full of energy.”

Too much energy, as it turned out. Guide Dogs decided Potomac was not a good fit to work with the blind. In the film, a staffer who has closely observed Potomac tries to let down Owen easy. “OK, I’ve seen enough. He told us himself,” the staffer says to Owen. She then turns her attention to Potomac: “OK, mister, it’s civilian life for you.”

Only 300 of the 800 puppies at Guide Dog targeted each year for training ultimately become guide dogs. The others are called “career changers,” a polite way of saying they instead become a dog for those with diabetes or another condition, a breeder or simply a family pet.

Commonly seen working seamlessly in public, guide dogs seem born to lead. But becoming a guide dog is a rigorous process involving many steps of training and tests that must be passed. Dogs that make it are indeed considered the “pick of the litter.” They must not only automatically obey the commands of its owner but also learn “intelligent disobedience”—not heeding a command to move forward when a platform, light pole, or car may lurk.

Over 10 months, puppy raisers help socialize the puppies and expose them to common situations such as restaurants, stores, schools, and even traveling by airplane, since many dogs will need to fly to go home with their owner. The film depicts the attachment the puppy raisers have for their puppies. “Left by myself my mind goes to bad places,” says puppy raiser Adam, an Iraq War veteran suffering from post-traumatic stress. “The dog saved me from myself. I’m able to channel my love.”

Puppy raisers cry when the day comes to relinquish their dog. “It takes a couple days to mourn it,” says a woman who has raised 10 puppies and whose dad is blind. Fond of their charges as well, Guide Dog staff can see the big picture. “It’s the end for me [with the puppy],” says a trainer. “It’s the beginning for them.”

Those puppies that make the grade prove to be life-changing for a blind person. Guide Dog receives about 1,100 applications each year for a dog. “Being chosen is like winning the lottery,” says an overjoyed Ronald Strother, an active young adult who has been blind since he was a toddler. His dog now enables him to take long hikes in the woods. Janet Gearheart also received a dog after not having one for a while. “It was love at first sight,” she exults. Earlier in the film, walking down a street, her cane hits a crack and jolts her. A cane is OK, she says, but nothing beats the “fuzzy nose” of a dog.

Owen is currently raising her fourth puppy, Auburn. Her first made it, but the other two did not. If Auburn graduates, she knows who to call. “Our offer [of a harness] still stands,” says Gerlin.
EXECUTIVE SUMMARY
INTERNATIONAL BOARD OF DIRECTORS MEETING
Ojai, California, USA
October 14-17, 2018

AUDIT COMMITTEE
1. The committee will continue to monitor and follow up on action plans.

CONSTITUTION AND BY-LAWS COMMITTEE
1. Reviewed a constitutional complaint filed by the Multiple District E (Venezuela) Council of Governors, challenging a decision of the International Board of Directors when it transferred four clubs from Aruba, Bonaire and Curacao from District E1 (Venezuela), Constitutional Area II, to District 359 (Florida, USA). Constitutional Area I, and found good cause to expedite review of the complaint to Complaint Step Four of the Constitutional Complaints Procedure, affirmed the decision of the International Board of Directors in June 2018, transferring the four clubs from Aruba, Bonaire and Curacao to District E1 (Venezuela) to District 359 (Florida, USA).
2. Appointed International Director Dr. Datuk Naga to serve as the Coordinating Lion for the former District 301-A1 (Philippines) for the remainder of fiscal year 2018-2019 and provided a roadmap to the former district to follow to restore their district status.
3. Revised Chapter XV of the Board Policy Manual to update the fiscal agents in India and Japan and to move the fiscal agent policy from Chapter XV, Legal, to Chapter XI, Finance, as this policy is managed by the Finance Division and is better aligned with the duties and responsibilities of the Finance Committee.
4. Revised Chapter XV of the Board Policy Manual to merge the Conflict of Interest Policy from Chapter XV, Legal, to Chapter XI, Finance, as this policy is managed by the Finance Division and is better aligned with the duties and responsibilities of the Finance Committee.
5. Revised the Trademark Policies in Chapter XV of the Board Policy Manual to add a requirement that foundations at the national (country) level must be reviewed and approved by the International Board of Directors.
6. Revised Chapter XV, Paragraph A.1.b. of the Board Policy Manual to clarify that the emblem of the association is that of each chartered club and district.
7. Revisited the Standard Form District By-Laws in Chapter VII of the Board Policy Manual related to who can call a special club meeting in the event the president fails to do so.
8. Revised Chapter XV, Paragraph C. of the Board Policy Manual to provide for a constitutional interpretation that by virtue of membership in an individual Lions Club, an individual Lion has the right to serve as the Coordinating Lion for the former District 301-A1 (Philippines) for the remainder of fiscal year 2018-2019 and provided a roadmap to the former district to follow to restore their district status.

FINANCE AND HEADQUARTERS OPERATIONS COMMITTEE
2. Amended Chapter XXI related to Past International President mileage budget for authorized meetings, timing of submitting speaker request forms to the Travel Department, and agreed to review the current format of the visitation form for all official speakers for whom Lions Clubs International provides reimbursement of travel expenses.

LEADERSHIP DEVELOPMENT COMMITTEE
1. The committee discussed and approved process for approving increases in district status.
2. The committee collaborated with the Audit Committee in office at the time, would request the Finance Committee to prepare for future modifications to the Regional Lions Leadership Institute (RLII) to prepare for future modifications to the Regional Lions Leadership Institute program.
3. Revised the Board Policy Manual to reference programs as Leadership Development and not just Leadership, including the word “development” where needed.

LONG RANGE PLANNING COMMITTEE
2. Reviewed the committee's charter to identify policies that should be updated and revised for action at the next meeting.
3. Reviewed and discussed the status of the ‘Africa Challenge,’ which was a resolution initially passed in April 2010 that stipulates when the continent reaches and maintains 30,000+ members, the Long Range Planning Committee in office at the time, would request the Constitution and By-Laws Committee to draft language for a constitutional amendment for Africa to be its own constitutional area at the following international convention. The challenge threshold of 30,000 was exceeded at the end of July 2018. The area as of the September 2018 cumulative report is at 30,706 members and is continuing the momentum. Congratulations to the Lions in Africa for reaching this historical milestone.

MEMBERSHIP DEVELOPMENT COMMITTEE
1. Reviewed and discussed the status of the RED District and Club Service Committee.
2. Revised the Global Action Team structure to include additional districts in Africa.
3. Approved another Leo of the Year for 2017-2018.
4. Amended the committee to move governance for the Young Lion and Leo Department to the Membership Development Committee from the Service Activities Committee.
5. Amended the committee to move governance for the Young Lion and Leo Department to the Membership Development Committee from the Service Activities Committee.
7. Amended board policy to allow additional funds for pilot programs with Board of Directors’ approval.

MARKETING COMMUNICATIONS COMMITTEE
1. Revised Chapter XIX, Protocol of the Board Policy Manual to add a requirement to add Leo-Lion Board Liaison.

SERVICE ACTIVITIES COMMITTEE
1. Approved that the following Lions be awarded the Top Ten Youth Camp and Exchange Program Chairperson Award for their service in the 2017-2018 Lions year.

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<thead>
<tr>
<th>Name</th>
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<tr>
<td>Nazan Alboyruk</td>
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<tr>
<td>Angela Day</td>
<td>I</td>
<td>Canada</td>
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<tr>
<td>Eileen Delaney</td>
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<td>Ari Lindell</td>
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<td>Finland</td>
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<td>Gabriela Lutter</td>
<td>II</td>
<td>Germany</td>
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<tr>
<td>Karl-Heinrich Mohr</td>
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<td>Germany</td>
</tr>
<tr>
<td>Diane Quirin</td>
<td>IV</td>
<td>USA</td>
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<tr>
<td>Birgit Rastetter</td>
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<td>Italy</td>
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<tr>
<td>Pravin Sarma</td>
<td>VI</td>
<td>India</td>
</tr>
<tr>
<td>Yoshikazu Yano</td>
<td>V</td>
<td>Japan</td>
</tr>
</tbody>
</table>

(REsolution 1.)

1. Approved the International Diabetes Federation and LCI joint work plan.
2. Approved the 2019 Service Activities marketing plan strategic direction.
3. Received an update on the Diabetes Mini Grant program, including the clubs who will be invited to participate.

TECHNOLOGY COMMITTEE
1. Received an update on GDPR and reviewed the set of data elements that are needed by LCI in order to manage its business.
2. The committee collaborated with the Constitution and By-Laws Committee, resulting in a modification of the board policy about the interpretation of being a member of LCI.
3. The committee discussed and approved process improvements suggested as these improvements will help the association in the longer term as priorities become clear and resources are used in a prudent and cost effective manner.
4. The committee presented the infrastructure and product roadmap and provided the rationale for additional budget. Based on the approval, the IT forecast will be modified to reflect the additional budget amount.

For more information on any of the above resolutions, please refer to the LCI Web site at www.lionsclubs.org or contact the International Office at 630-571-5466.
100 Ways to Help...

because every dollar counts!

US$100 makes impacts like these.

Vision: 2 cataract surgeries

Youth: Lions Quest curriculum to an entire classroom for 1 year

Hunger: Regular access to food for 14 in-need people

Childhood Cancer: Help buy equipment to diagnose/treat 8 kids

Environment: Access to clean water for 14 people

Disaster Relief: Immediate relief for 4 victims of a natural disaster

Humanitarian Efforts: Measles vaccination for 100 children

Diabetes: Screenings for 18 at-risk people

Childhood Cancer: Help buy equipment to diagnose/treat 8 kids

Disaster Relief: Immediate relief for 4 victims of a natural disaster

100% of your donation directly supports LCIF’s global causes.

Support a world in need. Visit lcif.org/CampaignDonations and give to LCIF’s Empowering Service Fund today.
Diabetes: Lions Take on a Global Epidemic

BY CASSANDRA ROTOLO

It’s an easy, 12-minute drive from Len Dompke’s suburban Chicago home to the local hospital. Yet, the first time Dompke made the drive, it was one of the hardest of his life. Making this drive meant recognizing and changing some unhealthy habits, which was not going to be easy.

Dompke was headed straight for type 2 diabetes. That was before making the drive—each week for a year—to Elmhurst Hospital. If something didn’t change, he was going to become one of the 400 million world citizens living with the disease.

District 1-J Lions partnered with Edward-Elmhurst Health (EEH) to develop a diabetes prevention and lifestyle intervention program, which received a US$95,000 grant from Lions Clubs International Foundation (LCIF). Thanks to this incredible teamwork, Dompke has a new lease on life.

A Preventable Trend
Type 2 diabetes is a disease in which the body does not properly use insulin. Diabetes can lead to serious health complications, including skin conditions, eye problems, and nerve damage. Left unchecked, it can lead to premature death. The number of people living with diabetes has risen from 108 million in 1980 to 422 million in 2014 and continues to rise, according to the World Health Organization (WHO).

The good news is that with changes to diet and lifestyle, type 2 diabetes can be prevented. And that is where Lions get involved.

LCIF diabetes grants can provide Lions with up to US$250,000. Projects typically support diabetes prevention, education, and improved access to treatment for underserved populations. LCIF also supports diabetic retinopathy programs through SightFirst. Visit lcif.org/Grants to learn more about grant funding to help Lions’ districts develop and implement large-scale humanitarian projects.

Lions Need the Call
The program that helped put Len Dompke’s life back on track, Jumpstart Your Health, is focused squarely on providing education and resources to low-income adults at risk of developing diabetes.

Local Lions, backed by that US$95,000 grant from LCIF and health professionals at EEH, are integral to the program’s success. Each District 1-J Lion involved in the project is trained to be a community ambassador who can advocate for diabetes prevention, facilitate informational meetings, interact with program participants, and host fundraising events. It’s a classic example of Lions doing what they do best—serving!

Lions are committed to improving the quality of life for people worldwide who are living with diabetes.
Lion Patty Worden worked diligently alongside her club members to raise their portion of the funding needed for the Jumpstart Your Health program. “I was quite surprised when I took that A1C test and found out I was prediabetic. After going through the program, I’m tracking my steps, drinking more water, serving more fresh foods. I feel better and make healthier decisions,” says Worden. “I also have the added benefit of knowing that my classmates wouldn’t have been able to take this class without the support of my Lions club. We have worked so hard to provide this for our community. I’m so proud to be a Lion!”

An Inspirational Success
After a very honest discussion with his doctor and unexpected knee surgery, Dompke, 61, mustered the courage to make a phone call that would change his life. He was determined to turn things around and get healthy. Forever.

Dompke had tried, unsuccessfully, to lose weight on his own. Jumpstart Your Health was the lifeline he needed. “Finally, everything made sense: nutrition, exercise and support are all equal parts of the equation. The program is more than just a diet. It’s a lifestyle change, and it gave me the tools I needed to make changes for good,” explains Dompke. “The classes were interesting, the materials were easy to read, the goals were realistic, my instructors were compassionate and smart, and no one judged anyone.”

Dompke is now a stronger, healthier, and 80-pounds-lighter version of his former self. Best of all, with the support of Lions and grant funding from LCIF, he is no longer at risk of developing diabetes.

“Thank you, Lions! I want everyone to know how much good you’re doing for our communities every single day,” says Dompke.

Measurable Impact
Individuals at risk of developing type 2 diabetes are offered enrollment in Jumpstart Your Health in attempts to both stave off the disease and improve overall health and quality of life. In just over a year, the program screened 211 individuals, of whom 8% were diabetic and didn’t know. Another 31% were prediabetic. Of those with prediabetes, 57% enrolled in the program.

The Jumpstart Your Health program, supported by both Lions of District 1-J and LCIF, has been cited twice for “effectively delivering a quality, evidence-based program that meets all the standards for CDC [Centers for Disease Control] recognition,” putting the program into an elite group of diabetes prevention programs. In fact, only one other hospital in the state of Illinois offers a curriculum that has received this honor. Fortunately for Dompke, the program at Edward-Elmhurst Health was just minutes away.

Make a Difference Together
The LCIF Diabetes grant program offers financial support to Lions who seek to improve diabetes awareness, prevention and management initiatives in their communities, often in partnership with diabetes organizations in their districts. Lions are eligible to apply for grant funding of up to US$250,000 for impactful projects that enhance and expand diabetes camps, support comprehensive diabetes screening events, increase access to high-quality health facilities that provide diabetes services, and improve health care professionals’ knowledge.

“This program is proof that Lions are making a big difference in the community. With the help of Lions around the world who support LCIF, we created something that is not only changing but saving lives. This is just the start of what we can accomplish together,” says Lion Jim Worden of the Elmhurst Lions Club.

Visit lcif.org/BE100 to learn more about how LCIF plays a major role in responding to the diabetes global epidemic through comprehensive health initiatives targeted at the communities in which we live and serve.
The final service the Tieton Lions in Washington performed before disbanding was to leave the Highland School District a legacy. The Lions donated an 8-by-12-foot American rollup flag to the school in honor of Harold and Pat Hambelton, longtime supporters of youth in the community.

In Quebec, Canada, the Knowlton Lions contributed CA$3,000 from their garage sale to the Town of Brome Lake First Responder Service for the purchase of jackets for the members of the brigade.

The Gresham Lions in Wisconsin continued their 60-year tradition of hosting a Halloween party at the Gresham School gymnasium including costume judging, prizes, and lots of candy.

The Tualatin Lions in Oregon worked with the Oregon Lions Sight and Hearing Foundation to conduct vision screenings on more than 500 children in the 10 Tigard-Tualatin schools. Lions found that about 11 percent of the students needed complete eye exams.

Sarasota Lions in Florida partnered with 30 other organizations and 46 churches in preparing for the 2019 Day4Hope, when homeless and underprivileged children will be provided with all they need to enter a new school. They also did vision screens on school children at six church locations.

The Tualatin Lions in Oregon worked with the Oregon Lions Sight and Hearing Foundation to conduct vision screenings on more than 500 children in the 10 Tigard-Tualatin schools. Lions found that about 11 percent of the students needed complete eye exams.

Sister Bay Lions in Wisconsin enjoyed the fall colors as they took part in community festivities. Fifty-one Lions participated, serving for a total of 793 hours and netting US$33,704 through their fish boil, raffle, car show, brat and beer stand, and more. Multiple organizations will benefit from the club funds totaling US$26,000.

Ludlow Lions in Missouri celebrated Lion Carlos (Charlie) Santos’ 100th birthday at the club’s 75th anniversary celebration. Santos, an active Lion since 1953, is a World War II veteran and Purple Heart recipient. He was named Veteran of the Year in his town.

In Virginia, the Basye-Bryce Mountain Lions Club awarded US$5,000 to help the startup of a Shenandoah County, Virginia, chapter of the Big Brothers/Big Sisters organization. Lions also provided US$31,000 in 2018 to 35 local charities and area residents in need.
The South Carroll Lioness-Lions Club in Maryland donated US$2,000 to LCI. Lion Pauline Rosier was honored as a Progressive Melvin Jones Fellow, and Lion Pauline Fredritz was honored as a Melvin Jones Fellow. Rosier serves as District 22-W’s Leo advisor. Fredritz serves on multiple committees and is a member of the club’s board of directors.

In Pennsylvania, McKeesport Lion Annette James, with the help of her sister, Lion Cindy Clarke, collected 466 eyeglasses from the Pittsburgh International Airport’s unclaimed items area. The club thanks the Allegheny County Airport Authority for the donation.

The Montague Lions Club in Canada donated 67 turkeys to the Southern Kings and Queens Food Bank on Prince Edward Island.

For 164 years the people of Minnesota and neighbors have been attending the Minnesota State Fair, also called “The Great Minnesota Get Together” that draws more than two million guests every year. This year the fair featured the Lions from MD 5M providing free vision screenings to children through the Lions Kid Sight Program at the health fair barn. More than 2,400 children visited the screening area and Lions contributed 986 service hours, screening children 12 hours a day for 12 days.

The Brazoria Lions Club in Texas presented Past District Governor Bill James with a plaque commemorating his years of service to the community and the Lions. A granite marker engraved with his name has been placed at the Brazoria Lions Park.

McKeesport Lions collected more than 450 eyeglasses from the Pittsburgh International Airport Lost & Found.

The McKeesport Lions in Pennsylvania prepared, packed, and delivered dinners to the First Responders in the city of McKeesport on Giving Tuesday.

Where will you put the stuffing? Canada’s Montague Lions supplied the turkeys for the local food bank.

IN MEMORIAM
Past International Director William E. “Bill” Winland has died at the age of 82. A member of the Gillette Lions Club for 57 years, he served as District Governor twice, and was a founding member of the Rocky Mountain Lions Eye Bank. Established in 1982, the eye bank has facilitated more than 42,000 corneal transplants. The past director was awarded the Grand Master Key for his dedication to the association, the 55-Year Chevron, and the Ambassador of Goodwill Award, the highest honor the association bestows upon its members. A native of Wyoming, he ran the family dairy farm and enjoyed camping, hunting, fly fishing, and woodworking, and shared those skills with his grandchildren. He served in the National Guard and was a devout member of the First Presbyterian Church.

IN MEMORIAM
Past International Director Thomas Le Roy “Tom” Toliver has died at the age of 86. A Lion in Fort Collins, Colorado, since 1962, he held numerous positions in the association, including eight terms as Multiple District International Relations Chairman and Chairman for the 2003 International Convention in Denver, Colo. He was a Melvin Jones Fellow and held numerous awards, including the 55 Year Chevron and the Ambassador of Good Will Award—the highest honor bestowed upon a member of the association. PID Toliver and his spouse, PDG Irene Toliver, enjoyed the sound of their four children at home but also hosted several International Youth Exchange students, and when not engaged in Lions activities, he enjoyed a successful career in education.
Voting at 2019 International Convention

Voting for Executive Officers and International Directors

Every Lions club in good standing can participate in the election of executive officers and international directors and can vote on amendments to the association’s bylaws by assigning delegates to represent the club at the international convention.

At the International Convention certification and voting will occur at the same time in the convention Voting Area. As soon as you are certified, you will receive a ballot and will be able to vote immediately. Certification and Voting days and times are:

- Sunday, July 7, 12:00 PM – 5:00 PM (12:00 – 17:00)
- Monday, July 8, 12:00 PM – 5:00 PM (12:00 – 17:00)
- Tuesday, July 9, 7:30 AM – 9:30 AM (7:30 – 9:30)

Assigning Club Delegates

Club Delegates for the International Convention of Lions Clubs can be assigned by the club president or secretary, using one of the options below:

- Log on to MyLCI >>> My Lions Club >>> Conventions
- Submitting the Club Delegate Form to LCI headquarters, at the address below.

Clubs using MyLCI can assign their club delegates at any time between January 1 and July 2, 2019 11:59 PM CST.

Clubs using the Club Delegate Form to assign their delegates will need to mail the form to International Headquarters by May 1, 2019. If you are not able to mail the form by May 1, 2019, bring the signed form to the convention site. The form will also be available online.

For more information on voting at the International Convention go to:
http://lcicon.lionsclubs.org/experience/certification-voting/

Lions Clubs International  email: MemberServiceCenter@LionsClubs.org
Member Service Center  fax: 630-571-1687
300 W. 22nd Street  phone: 630-203-3830
Oak Brook IL 60523

International Convention
Club Delegate Entitlement Table

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Delegate count is based on the club’s membership as shown by the records of the international office on the first day of the month last preceding that month during which the convention is held. See Article VI, Section 2 of the International Constitution and Chapter XVII – Membership, Board Policy Manual.

*Delegate entitlement is one delegate for every 25 members or major fraction thereof.
Club Delegate Form

Club Delegates for the 2019 International Convention of Lions Clubs can be assigned using one of the options below:

- Log on to MyLCI >>> My Lions Club >>> Conventions
- Submitting this form to LCI headquarters, at the address below.

Confirmation of the Club Delegate assignment will be emailed to the Club Delegate. When the email address of the Club Delegate is not available, the Confirmation will be emailed to the club officer.

Club Number: _________________________________________________________________

Club Name: ___________________________________________________________________

Club City: ___________________________ State: ____________________ Country: ________________

Delegate Member Number: ______________________________________________________

Delegate Name: (first middle last) _______________________________________________

Delegate Email Address: _______________________________________________________

Delegate Preferred Ballot Language: ______________________________________________

Authorizing Club Officer: (select one)  □ Club President    □ Club Secretary

Officer Member Number: _________________________________________________________

Officer Name: (first middle last) ________________________________________________

Officer Signature: __________________________________________________________________

Mail form by May 1, 2019 to:

Member Service Center – Lions Clubs International – 300 W. 22nd St. – Oak Brook, IL USA 60523
MemberServiceCenter@lionsclubs.org   Phone 1-630-203-3830   Fax 1-630-571-1687

Clubs using this Club Delegate Form to assign their delegates must mail the form to
International Headquarters by May 1, 2019.

If you are not able to mail the form by May 1, 2019, bring signed form, along with your
government issued photo I.D. to the convention site.

Clubs using MyLCI must assign their club delegates by July 2, 2019 (11:59pm CST)
EXECUTIVE OFFICERS

President Gudrun Yngvadottir, Iceland; Immediate Past President Naresh Aggarwal, India; First Vice President Dr. Jung-Yul Choi, Korea; Second Vice President Judge Haynes H. Townsend, United States; Third Vice President Brian E. Sheehan, United States.

DIRECTORS

Second year directors
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First year directors
Muhammad Adrees, Pakistan; Oazi Akram Uddin Ahmed, Bangladesh; Shoichi Anzawa, Japan; Billy J. (B.J.) Blankenship, United States; Rodolfo Espinal, Dominican Republic; Liao-Chuan Huang, MD 300 Taiwan; Jongseok Kim, Korea; Dr. Nawal Jugalkishor Malu, India; Geoffrey Leeder, England; Mark S. Lyon, United States; Heimo Potinkara, Finland; JP Singh, India; Steve Thornton, United States; Juswan Tjoe, Indonesia; A. Geoffrey Wade, United States; Dr. Walter Zemrosser, Austria.

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http://www.lionsclubs.org

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FEBRUARY 2019

100 Years: Okmulgee, Okla.

95 Years: St. John, Kan.; Christopher, Ill.; Utica, N.Y.; Ashland, Ky.; Biloxi, Miss.; Tampa Downtown, Fla.; Nevada, Mo.; Eugene Downtown, Ore.; Gunnison Valley, Utah; Harrison, Ark.; Venice Marina Lax, Calif.

90 Years: Junction City, Ore.; La Grange, Ga.; Greenwood, S.C.; Fremont, Ohio; Angola, Ind.; Walla Walla Downtown, Wa.; Mount Vernon, Wa.; Tallahassee, Fla.; Tiffin, Ohio; Coolidge, Ariz.; Maysville, Ky.

85 Years: Lavonia, Ga.; Pocomoke City, Md.; Charlestown, Ind.

80 Years: Borden, Ind.; Parker, Ariz.; Rockwell City, Iowa; Delray Beach, Fla.; Johnson City, Texas; Hatfield, Pa.; Bennington, Vt.; Kinston, N.C.; Fulton, Miss.; Greenville Host, N.C.; Casey, Ill.; Madison County, Va.; Whitewater, Wis.; Conroe Noon, Texas; Waterloo, Iowa; Chandler, Ariz.; Napanee, Ontario, CAN; Goldsboro Host, N.C.; Dandridge, Tenn.; Robbinsdale, Minn.

75 Years: Reidsville, Ga.; South Gate-Clinton, Md.; Haddonfield, N.J.; Neligh, Neb.; Creston, Ohio; Mt. Vernon, Ky.; Savannah, Ohio; Norcross, Ga.; Bancroft, Idaho; Bishop, Calif.; Plains, Mont.

50 Years: Menlo, Ga.; Kalispell Sunrisers, Mont.; Qualicum Bay, British Columbia, CAN; Tottenham District, Ontario, CAN; South Montgomery County, Texas; Troy, Kan.; Pendleton, N.Y.; Shasta Lake, Calif.; Edmonton Jolly Fellows, Alberta, CAN; Tichigan Lake, Wis.; Braidwood, Ill.; Bozeman Gallatin Empire, Mont.; Huntley, Neb.; Weatherford Evening, Texas; Hadley, Mich.; Hinsdale, N.H.; Boston, N.Y.; Las Vegas West Charleston, Nev.; McAllen Palm City, Texas.

25 Years: Toronto Golden Vison, Ontario, CAN

Anniversaries are based on the official records of Lions Clubs International. The recorded charter date at LCI sometimes differs from local club records.
Let Your Service Roam

Show Your MyLion Pride
Our world-class mobile app, MyLion, is changing the way we serve. Help spread the word and show off your service wherever you go with MyLion accessories. Get your MyLion t-shirts, pens, selfie sticks, and more on the online store.

LCIstore.org
Cowboys, Rockstars, and Hippies, oh My!

It wasn’t just the children who enjoyed the Jackson Lions’ annual Halloween parade in California, where more than 1,000 ghosts, goblins, super heroes, princesses and more joined in.

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- Powerful new search and discovery tools
- New club locator search engine with MyLion™ compatibility
- More media and digital storytelling

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- Enjoy inspirational speakers, empowering seminars and great entertainment
- See masterworks from Leonardo da Vinci and Michelangelo
- Join the Parade of Nations through the historic streets of Milan
- Have the time of your life

Register today at lcicon.org